

A Publication of St. Mark Evangelical Lutheran Church

Dear Members and Friends of St. Mark,

Grace to you and peace to you. Nearly fifteen years ago, on June 7, 2009, I was called as Pastor to St. Mark. As we part, I am profoundly aware of a rewarding sorrow inhabiting my heart. It is rewarding because of this time of ministry I have shared with you. It is sorrowful because I will soon say goodbye.

There are not enough words to thank you for the love, kindness and support you have shown to me during these years. Through our shared worship and ministry I have been privileged to witness the love of God, and the presence of the Risen Christ in our midst. I have seen the Holy Spirit made manifest as we have prayed together, studied together, celebrated our 100th anniversary together and have been blessed to be able to baptize new Christians, marry those who have come to commit themselves before God to each other, and bury those we have loved. For those opportunities I give God thanks and praise, and I thank you for ministering alongside me, sharing the Gospel of Jesus Christ.



I am grateful to all of you who have visited, sent me notes, letters, texts, cards, gifts and e-mail thanking me affirming my ministry, and offering your love to Tom and me. Your expressions of kindness have buoyed my spirit and strengthened my faith. Your gestures of love mean more to me than you can ever know.

Please know that I love you, will always love this church and will miss you terribly. Still, as of June 7, 2024, I am obligated by a Code of Ethics to now absent myself from the life of this congregation. That means that I will not be present or participate in any of the ministries of this church and would only ever do so by invitation of the Interim or Called Pastor. I will not perform baptisms, weddings, or funerals, nor participate in the worship or ministry life of the church. This is my ethical commitment to you, which I believe is the best way for me to love you, even as I depart.

Some of you have asked how you might be in touch with me. I can now be reached at tfisher 75@yahoo.com. As I share this email address with you it is important that you know that I will not discuss the church other than to offer words of affirmation and support.

As we say goodbye, I want to ask your forgiveness for any mistakes I have made that may have done any harm or caused you any heartache. I will always remain grateful for the ways my ministry among you has been received and as I leave I will forever carry with me all that I have learned and experienced, all of the love I have received.

The best gift you can give to me and the way you can best honor my ministry is to continue your presence in and support of this church. It is my prayer that St. Mark will continue to be a beacon of hope for the least, the last, the lost, and the lonely here in the Westend of Davenport, this community, and the world. Therefore, be strong and of good courage, do not lose heart, remember that God is with you, be the church, love one another, and serve the Lord.

I can think of no better words to share with you as we say goodbye than these penned by the Apostle Paul to the church at Philippi. "I thank my God every time I remember you, constantly praying with joy in every one of my prayers for all of you, because of your sharing the Gospel from the first day until now. I am confident that the One who began a good work among you will bring it to completion by the day of Jesus Christ" (Philippians 1. 3-6).

Now let us step into the future in peace, and may the grace of our Lord Jesus Christ, the love of God, and the presence of the Holy Spirit be with us all.

Blessings,

Pr. Travis Fisher-King

May 2024				Su Mo Tu We Th S 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30	Fr Sa Su 31 10 11 2 2 18 16 23 31 33 33	June 2024 Mo Tu We Th Fr Sa 3 4 5 6 7 8 10 11 12 13 14 15 17 18 19 20 21 22 24 25 26 27 28 29
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 28	29	30	May 1 10:00am Food Pantry 10:00am Bible Study	2	ω	4 1:30pm Special Olympics-Westenders 5:00pm Baptismal Worship
8:30am 3rd-5th gr Bible Study 9:30am Worship 10:00am Emmaus Worship - Chapel 4:00pm A. Kyle Basketball - Gym	6	7 10:00am Food Pantry 6:00pm A. Kyle Basketball - Gym	8 10:00am Food Pantry 10:00am Bible Study 6:00pm Choir Rehearsal	9:30am Office Closed Today	10	9:00am Confirmation 10:00am Prayer Shawl 1:30pm Special Olympics-Westenders 5:00pm Worship
Mother's Day! 8:30am 3rd-5th gr Bible Study 9:30am Worship 10:00am Emmaus Worship - Chapel 4:00pm A. Kyle Basketball - Gym	13 Preschool Picnic 6:30pm Finance	14 Food Pantry 10:00am 6:00pm A. Kyle Basketball - Gym 6:00pm Endowment Meeting	15 10:00am Food Pantry 10:00am Bible Study 6:00pm Choir Rehearsal	16 Preschool Graduation 6:30pm Council	17	18 10am Habitat Lunch Prep 11:00am Habitat Lunch 1:30pm Special Olympics-Westenders 5:00pm Worship 6:00 Bunco / Pizza
8:30am 3rd-5th gr Bible Study 9:30am Worship- Rite of Confirmation 10:00am Emmaus Worship - Chapel 4:00pm A. Kyle Basketball - Gym	20 1:00pm Circle	21 10:00am Food Pantry 12:00pm LIFE articles due! 6:00pm A. Kyle Basketball - Gym	22 10:00am Food Pantry 10:00am Bible Study	23	24	25 1:30pm Special Olympics-Westenders. 5:00pm Worship
8:30am 3rd-5th gr Bible Study 9:30am Worship 10:00am Emmaus Worship - Chapel 4:00pm A. Kyle Basketball - Gym	27	28 Food Pantry 10:00am 6:00pm A. Kyle Basketball - Gym	29 10:00am Food Pantry 10:00am Bible Study 6:00pm Pick-Up Choir Rehearsal	30	31	Jun 1

Notes from the Organ Bench by Ross Jallo

As you may have heard, Pastor Travis's last Sunday with us at St Mark Lutheran will be June 2nd. While this is two weeks past the end of the program season (which concludes on Pentecost, May 19th this year), I **DIRECTOR** think it's only appropriate that we give Pastor Travis a proper sendoff. To that end, we will have some special music on June 2nd to

celebrate his many years of dedicated service. A pick-up choir will sing an anthem at the offertory that day, and I invite anyone and everyone in the congregation to join us for that: there will be a rehearsal at 6pm on Wednesday, May 29th, as well as a minirehearsal at 9am on Sunday, June 2nd. (I can even give you the music in advance!) Though St Mark's regular choir will serve as the core group for this pick-up choir, I would like to encourage you to come sing with us for this special one-off occasion. Furthermore, if there are any special instrumentalists in the congregation who would like to lend their talents that day, I would enthusiastically welcome your contributions. Please be in

Church work is, to put it bluntly, not easy. I hope you'll all be there on June 2nd -- whether you're in the pick-up choir or not -- to thank Pastor Travis for all his hard work.



touch with me if you're interested!

The Rite of Confirmation will be celebrated on Pentecost Sunday, May 19th at the 9:30am worship service. What a joyous occasion it will be to support and lift up Landon Hensel and Olivia Follis upon this milestone event in their spiritual life journey. Please note on your calendars to join us if you can.



The St. Mark Church Council:

Nancy Beaderstadt, President Beth Claeys, Vice-President Barb Jakubowski, Treasurer Rob Sherrod, Secretary

Cathy Barton Mike Crews Diane Fellman Julie Ginn Tom Leibold Candy Nagel Linda Ray Doug Rowley



Please pray for these members as they serve in these very important leadership positions.

There are now options online to give through Vanco and our Website www.stmarkcares.org for Advent, Christmas, Lent, and Easter designations. For those households who are using Vanco or another form of automatic giving through your financial institution and would like to opt-out for envelopes being mailed to you, please call the church office 563-322-5318. Any questions or if you want to sign up for Vanco please contact Jodee Williams or Barb Jakubowski through the church office.

Finance	<u>General Fund</u>	d Summary	<u>Regular Offe</u> Through	
Update	March Offerings March Offerings	\$ 22.943 \$ 28,921	Received Budgeted Amount	\$ 62.377 \$ 62,499



M.A.D. CAMP 2024

Mark your calendars! Join us this summer for our Music, Art, and Drama camp as we celebrate the beauty and love we have for the Earth. During the week of June 24th through

the 28th, campers will help bring the story of God's love for His creation to life! We will meet Monday - Friday from 9:00 am until 3:00 pm. Campers are asked to provide their own lunch. However, drinks and snacks will be provided. Campers will need a plain white t-shirt on the first day for Tie-dying on Tuesday. The registration fee is \$25.

Join us and become more aware of the beauty with which God has filled our world and the love that motivated Him to create such beauty. We will celebrate by sharing our story during the Saturday night service on June 29th. Any kiddo that can read a script and feels comfortable performing in front of an audience is welcome to join us. Be on the lookout for a Donations Poster. If you have any questions please contact Katie Carstens 563-271-8634. We look forward to seeing you in June!

Would you like to join the St. Mark Circle? They meet once a month on the 3rd Monday of the Month in the church lounge at 1 PM. If you would like more information, please call the church or email and we will connect you to one of the current members.



A Place to Call Home - In 1981, when several ELCA congregations in Scott County pooled their resources to provide housing to low-income elderly or disabled persons, Luther Properties was created. Today there are 5 separate properties throughout Scott County, with a total of 279 private apartments, providing safe and affordable housing to those in need.

Luther Properties, Inc. works in partnership with HUD to provide subsidized, independent apartments to eligible persons. Rent is based on income, with utilities included, and handicap units are also available. If you, or anyone you know, may be interested in applying for residency, please contact Kelli Cogdill, Young Management Corporation, Bettendorf IA, at 563-265-2416, or by email at kcogdill@ymcorp.com. You can also visit our website at **lutherproperties.org** to learn more about each of our residences.



BUNCO NIGHT

Saturday, May 18th at 6:00PM

\$5 donation is suggested. Pizza will be ordered. You may want to bring a drink. There are Door Prizes and Prizes for 1st and 2nd place.

May 2024 - Give a Gift to LSI: Support Mothers across Iowa

Mother's Day is Sunday, May 12. Did you know LSI brings hope and healing to mothers in each of our service lines? Here are just a few examples:

The Child Care Business Development program in our Immigrant and Refugee Community Services prepares women, often mothers, to run an in-home childcare business. This small business opportunity allows them to provide for their family and ensure their children receive culturally appropriate care.

Many mothers benefit from our Foster Care and Adoption services, whether they be mothers who are blessed with a child through adoption or foster mothers who provide love and guidance to children from all paths of life.

Early Childhood Services prepares mothers-to-be for birth and raising a child. Additionally, home visitation programs help ensure a strong support system for young parents across the state.

These are just three examples of how LSI serves mothers in Iowa. This Mother's Day, we encourage you to give a gift in honor of your mother or motherly figure to ensure mothers around the state receive the care and support they deserve.

Donate online at Isiowa.org/donate or send a check to Lutheran Services in Iowa, PO Box 848, Waverly, IA 50677-0848.

For more information, please contact Deb Whitford, LSI's Director of Philanthropy and Church Relations, at <u>Deborah.Whitford@LSIowa.org</u> or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and facebook.com/LSI.iowa.

Habitat For Humanity Lunches - May 18, 2024

Our weekend for providing the lunches to Habitat construction volunteers will be May 18th (instead of May 25th due to Memorial Day Weekend). Menu and needs will be posted in the lounge. Exact number of volunteers to be fed will be known closer to the date.

Questions can be directed to Maureen Currier (<u>563-940-8744</u>). Thank you to all who have contributed to this ministry!



Camino de Emaus had Sunday morning worship on a trial basis, but will be returning to their worship services at 3:00pm on Sundays. Appreciation was extended for use of the lounge for their recent Taco Party fellowship event in addition to the regular use of the chapel.



Graduation Recognition

If you or any friends or family members of St. Mark will be graduating high school, college, licensed program certification, or military training - please let the church office know by May 21st so that we may recognize their accomplishments and offer congratulations in the June issue of LIFE.

Contact: Sue Geise, Church Office Staff



You are invited to join in celebrating the ministry of Pastor Travis Fisher-King at St Mark following the service on Sunday, June 2nd. That will be his final Sunday

as senior pastor and a time we can thank him for the past 15 years of dedicated work and ministry among us and within the community. Please note there will not be a Saturday evening services on June 1st in hopes the entire church family can gather together on Sunday. Details of the gathering will forthcoming as they are available. Please save the date on your calendar and plan to join us if you are able to do so.



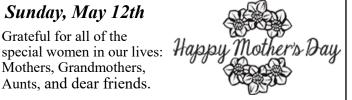


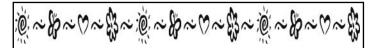
Thank you to everyone who generously donated items for both the personal care needs of area foster children and paper goods to restock the church fellowship lounge. Social Ministry Committee

Sunday, May 12th

Ministry

Grateful for all of the Mothers, Grandmothers, Aunts, and dear friends.





Memorial Prayer Garden

Thinking spring and the wonder of God's beautiful creation. We are blessed to have a beautiful area off of the lounge for a memorial prayer garden as well as volunteers to tend to it. If you wish to make a donation of \$15 or more to support the prayer garden in memory of there are envelopes in the lounge and the church office. Please return memorial envelope, along with your payment, to the church office by May 21st. Juliie Guinn is the contact person regarding the prayer garden.



Prayer Shawl Group will meet in the Church lounge Saturday May 11th, 2024 from 10 am - 11 am





The next foot clinic is scheduled for the morning of Monday June 3rd, 2024. Appointment is required. Cost is \$35. Sign-up sheet will be in the lounge closer to the date.

No Risk Rate of Return!



You have the opportunity to increase your monetary gift to St. Mark by an additional 5% or more (in 2023 it was a 7% match) with participation the

John Deere Classic Birdies for Charity Program.

See the information and pledge form (following on page 7) or contact the church office (Tues thru Thurs) for assistance. You may elect to make a one time donation of a designated amount or choose to have your pledge based on the number of birdies Proven long term community program for Quad City non-profit organizations to receive matching community funding.

Thank you for your consideration!

St Mark Lutheran Church

1612 CHARITY SOLICITED FOR

BIRD NUMBER

I PLEDGE TO DONATE:

to the charity noted above. fone time, flat donation amount)

BIRDIES FOR CHARITY BONUS FUND

Yes, I would like to make an additional donation to the to help provide the minimum 5% Birdies for Charity Bonus Fund in the amount of match to all participating charities.

GUESS THE BIRDIES TO WIN A TWO YEAR LEASE ON A 2023 LEXUS!

birdies will be made. Only one grand prize will be awarded. Void where prohibited by law. Guesses due by June 26. guess that

BIRDIES SCORED BY YEAR

2,041 (2022) (2023) 676 (1202) 506' 2,355 (2018) (6102) 160'2 N/A (2020) (2012) 066'1 (302) 286'1 (2013)

PLEDGE & DONOR INFORMATION (please print)

NAME

ADORESS

PHONE AND/OR EMAIL

OTY, STATE, ZIP

Please include payment & make checks payable to: BIRDIES FOR CHARITY

Chip in for your chance to win

When you chip in to help area charities, you could win! But your favorite charity will be pledged to them in this program, plus a bonus from the Birdies for Charity Bonus Fund, the real winner. That's because participating charities receive 100% of the donations which is a quaranteed 5% match.

HERE'S HOW IT WORKS

with payment to the Birdies for Charity office at Simply make a one-time flat donation and mail 15623 Coaltown Road, East Moline, IL 61244 To enter the contest, guess the number of birdies Sunday. A grand prize will be given to one person who guesses the correct number. In case of ties, that will actually be made by PGA TOUR Pros during the tournament, Wednesday through winners will be randomly selected.

KEEP FOR YOUR RECORDS AS YOUR RECEIPT

birdies would be made. one-time donation. \$ padpad l guessed

Payment was included with pledge YES \$

Please make checks payable to: IS623 COALTOWN ROAD EAST MOLINE, IL 61244 BIRDIES FOR CHARITY



Quad Chies Golf Classic Chembable Foundation is a 501kg8 not -for-profit organization, EW #93-1830k21 doing business as John Deere Classic & Brokes for Chavity.

2 YEAR LEASE ON A 2024 LEXUS NX! GRAND PRIZE:

SMART LEXUS OF QUAD CITIES John Deere Classic's Birdies One lucky supporter of the

for Charity program will win a 2 year lease on a 2024 Lexus, courtesy of Smart Lexus of Quad Cities.

CONTEST RULES

- Only 1 grand prize awarded. Ties determined by random drawing.
- All guesses must be on an official pledge card and received at the tournament office by June 26.
 - Rules are available at www.birdiesforcharity.com
- No pledge or purchase required. Need not be present
- Pledges submitted after the JDC may be applied the



JULY 1-7, 2024

Peace and greetings from Beth Claeys, Parish Nurse!

Fall Prevention: Simple Tips to Prevent Falls



Fall prevention is an important topic to consider as you get older. Physical changes, health conditions, and the medications used to treat conditions, make m falls more likely as you age. Falls are a leading cause of injury among older adults. <u>Consider 6 Simple Fall Prevention Strategies:</u>

1. <u>Make an appointment with your health care provider</u>. To assess your risks and discuss fall prevention strategies, your health care provider may want to talk about the following -

Your medications, your health care provider can review your medications for side effects and interactions that may increase your risk for falling.

Any previous falls - these details may help your provider identify specific fall strategies

Your health conditions - certain eye and ear disorders may increase your risk of falls.

- 2. <u>Keep moving</u>. Physical activity can go a long way toward fall prevention. With your health care provider's ok, consider activities like walking, water workouts, tai chi or a gentle exercise that involves slow and graceful dance movements. These activities reduce the risk of falls by improving strength, balance, coordination, and flexibility.
- 3. <u>Wear sensible shoes</u>. Consider changing your footwear. High heels, floppy slippers and shoes with slick soles can make you slip, stumble, and fall. Wear properly fitting sturdy, flat shoes with non skid soles.
- 4. Remove home hazards. Take a look around your home for potential fall hazards. To make your home safer -
- -remove boxes, newspapers, electrical cords and phone cords from walkways.
- -move coffee tables, magazine racks, and plant stands from high traffic areas
- secure loose rugs or remove loose rugs from your home
- -repair loose wooden floor boards and carpeting
- -store food, clothing, dishes, and other necessities within easy reach
- -immediately clean up spilled liquids, grease or food
- -use nonslip mats in your bathroom or shower. Use a bath seat to allow you to sit while showering.
- 5. <u>Light up your living space</u>
- keep your home brightly lit to avoid tripping on objects that are hard to see
- place night lights in your bedroom, bathroom, and hallways
- place a lamp within reach of your bed in case you need to get up in the middle of the night
- make clear paths to light switches that aren't near room entrances
- -turn on the lights before going up or down stairs
- -store flashlights in easy to find places in case of power outages
- 6. Use assistive devices. Your healthcare provider might recommend using a cane or walker to keep you steady.

Other devices that can help -

- -handrails for both sides of stairways
- -nonslip treads for bare wood steps
- -a raised toilet seat
- -grab bars for the shower or tub
- -sturdy plastic seat for the shower or tub, plus a handheld shower nozzle for bathing while sitting down

If necessary, ask your health care provider for a referral to an occupational therapist. Source: Mayoclinic.org



St. Mark Lutheran Church Food Pantry would like to thank the following members, friends, churches and groups for their generous donations during the month of MARCH 2024

St. Mark Church Members and Friends Faith United Methodist Midwest Food Bank

Together we served 100 families!!!



We offer the Families of:

Richard (Dick) Hoffman

and

Penny Flatman

words of love, support, and comfort. May they rest assured in the midst of their challenges and adjustments that God will sustain them in the loss of their loved one through faith in our Risen Lord.



Thank you to everyone for supporting the Easter bake sale fundraiser. We were able to raise \$332 for the landscaping renovation of the preschool. Thanks again, Jacob



March 30th - Maverick Lee Stellrecht

April 7th - Jade Elizabeth Mosher

May 4th - Matthew Howard Finley

Please be aware that the St. Mark Food Pantry is making a few changes to better serve our clients. Effective April 30th, the days will be Tuesdays and

Wednesdays (Thursdays will be discontinued.) The hours of 10am to 2:00pm will remain the same. The manner of distribution will switch to client choice.



Ongoing gratitude to the dedicated volunteers and those who donate items/funds to support this important outreach ministry by St. Mark within our greater community.



Bible Study Wednesdays at 10 AM

All are welcome to attend.

We have bibles available or bring your own to highlight, underline, and circle your favorite passages.

A STEWARDSHIP MOMENT us recently had the chance to experi

Most of us recently had the chance to experience the solar eclipse. And while it wasn't exactly earth shattering here in Davenport, it really put into perspective how very small we are in comparison to God's wonderful universe! But while we may be small, we are

mighty as well. We are God's hands and feet. We are His disciples. He calls each of us to spread the good news of His love and salvation. He expects us to care for this world and for each other. Through our social ministry outreach, in our fellowship activities with our St. Mark family, and with our financial gifts to keep our church operating in mission, we serve God with the time, talents, and treasures that He has given us. Stewardship isn't hard it's simply walking and living on the path that God has prepared for us. In Christ's Service - Your Stewardship Committee



ST. MARK LIFE
St. Mark Evangelical Lutheran Church
2363 West 3rd Street
Davenport, Iowa 52802

Address Service Requested

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Greetings from the church office...

If you have announcements, reports for council, notes, dates of events etc. for LIFE, bulletins, or church calendar, please communicate that to me in the church office by sending any e-mails to stmarkcares@stmarkcares.org (attn. Sue), calling the church office, or stopping by during office hours Tues thru Thurs. If you leave me a note, please provide your name and contact information in the event I have any questions.

During the Sundays of Easter (up to Pentecost/Confirmation Sunday), please note that we are saving the order of service bulletins from week to week to conserve paper and staff time. All of the announcements and weekly service information will be found on the inserts which you are welcome to take with you for reference during the week or leave for recycling.



Please know that I *greatly appreciate* all of the expressions of affirmation, offers of assistance, and graces extended as I am making my way through these early weeks in the office. My first observation: It sure takes a lot of people working as volunteers, in addition to the staff, to keep the property and ministries of St. Mark moving forward. Learning as fast as I can.... Again, thank you.

Sue Geise, St. Mark Office Staff



Saturday 5:00pm Sunday 9:30am



9:30-2:30
Friday:
by appointment
Call Church office at
563-322-5318