

### **Share-a-Meal**

The meal site is located at the Salvation Army Family services building at 5th and Harrison Streets. Meal starts at 6pm on the 4th Thursday of the month. Please take time to look over the sign up sheet in the lounge to see where you can help. Each month we need servers, hot casseroles, vegetables and desserts.

This is a worthwhile ministry that St. Mark is involved in. The beauty of this is anybody can help, no special skills are needed. Just a warm and giving heart is all you need. I promise, once you break the ice and take that first step you will find out how gratifying it really is. Dave Jessen organizes this ministry each month; for more information, please email him at baldmanruns@gmail.com or call 563-508-6127.

### **Food Pantry**

St Mark is a distribution site for the Churches United Food Pantry. The food pantry is open Mondays through Fridays from 10 to 2. (closed on holidays)

St Mark provides a large share of the food distributed but donations were also received from Cedar Memorial Christian Church, Faith United Methodist Church, Grace United Methodist Church, a School Food Drive and other Church members of Churches United.

### **Mission Action Ministry**

Mission action ministry collects needed items for local CPC requests for pregnancy and family resource center. Check LIFE, St Mark's monthly newsletter for a list of the items that are needed.

Contact Milly Heskitt or the church office for more information or if you would like to assist with this important ministry.

### **Quilters for Christ**

Quilters 4 Christ meets the 2nd Thursday of every month at St. Mark in the conference/library/quilters room. We learn a new quilt block pattern. We discuss a layout design and how the block is put together. We search our cupboards for fabrics of our liking and the magic begins. Quilts are made for babies, youth in foster care, and lap quilts for nursing home residents. Come join us if you'd like. We'd love to meet you.... For more information please contact Candy Bates at kandeebates16@aol.com or by calling 563.326.2122.



### **Prayer Shawl Ministry**

If you knit, crochet, or both or are willing and wanting to learn we invite you to our group. This group meets the 1st and 3rd Saturday mornings at 10AM at the church. Our time together includes time of prayer and fellowship. You may choose to finish your work in the interim, or just stop in once in a while. Our prayer shawls are giving to anyone in the community "who may need a sign of sustaining presence in their life" that the shawl may "encircle

them with healing from pain, consolation for loneliness, and joy in sorrow or gladness". For more information please contact the church office at [stmark@stmarkcares.org](mailto:stmark@stmarkcares.org) or by calling 563.322.5318



### **Funeral Luncheon Helpers**

If you have a knack for hospitality, this may be a group to consider joining. Our Funeral Luncheon helpers help set up, serve, and clean-up for funeral luncheons. This is a most important and impressionable time for family and friends who are grieving. Please contact the church office by calling 563.322.5318.